

# Program Characteristics Checklist Tool

Characteristics of Effective Programs	Does the program do this?		What steps could be taken to incorporate this characteristic into the program?
	Yes	No	
Focuses on clear health goals - the prevention of STD/HIV and/or pregnancy			
Focuses narrowly on specific behaviors leading to these health goals (e.g., abstaining from sex or using condoms or other contraceptives), gives clear messages about these behaviors, and addresses situations that might lead to them and how to avoid them.			
Addresses multiple sexual psychosocial risk and protective factors affecting sexual behaviors (e.g., knowledge, perceived risks, values, attitudes, perceived norms, and self-efficacy).			
Creates a safe social environment for youth to participate.			
Includes multiple activities to change each of the targeted risk and protective factors.			
Employs instructionally sound teaching methods that actively involve the participants, helps participants personalize the information, and designed to change each group of risk and protective factors.			
Employs activities, instructional methods and behavioral messages appropriate to the youths' culture, developmental age, and sexual experience.			
Covers topics in a logical sequence.			