

**Fayetteville Youth Network
PSBA-GTO EXAMPLE**

Program Characteristics Checklist Tool

**Please note that this tool serves as a summary tool for a TAC analysis, which would be a more thorough examination of each Characteristic, and how the program meets the Characteristic, as well as the needs of your priority population.*

Characteristics of Effective Programs	Does the program do this?		What steps could be taken to incorporate this characteristic into the program?
	Yes	No	
1. Focuses on clear health goals – the prevention of STD/HIV and/or pregnancy	YES		<i>MPC is a SBP, thus we know it already incorporates these Characteristics.</i>
2. Focuses narrowly on specific behaviors leading to these health goals (e.g., abstaining from sex or using condoms or other contraceptives), gives clear messages about these behaviors, and addresses situations that might lead to them and how to avoid them.	YES		<i>MPC is a SBP, thus we know it already incorporates these Characteristics.</i>
3. Addresses multiple sexual psychosocial risk and protective factors affecting sexual behaviors (e.g., knowledge, perceived risks, values, attitudes, perceived norms, and self-efficacy).	YES		<i>MPC is a SBP, thus we know it already incorporates these Characteristics.</i>
4. Creates a safe social environment for youth to participate.	YES		<i>MPC is a SBP, thus we know it already incorporates these Characteristics.</i>
5. Includes multiple activities to change each of the targeted risk and protective factors.	YES		<i>MPC is a SBP, thus we know it already incorporates these Characteristics.</i>
6. Employs instructionally sound teaching methods that actively involve the participants, helps participants personalize the information, and designed to change each group of risk and protective factors.	YES		<i>MPC is a SBP, thus we know it already incorporates these Characteristics.</i>
7. Employs activities, instructional methods and behavioral messages appropriate to the youths' culture, developmental age, and sexual experience.	YES		<i>MPC is a SBP, thus we know it already incorporates these Characteristics.</i>
8. Covers topics in a logical sequence.	YES		<i>MPC is a SBP, thus we know it already incorporates these Characteristics.</i>
Source: <i>17 Characteristics of Effective Curriculum-Based Programs</i> , Tool to Assess Characteristics, Healthy Teen Network & ETR Associates, February 2007			