

Checklist for Completion: Best Practices

If you do not yet have a program running, a completion of this component means you have:

- Determined what a science-based program (SBP) is.
- Conducted a review process to find potential science-based programs you may be able to use to achieve your goals and outcomes.
- Made a preliminary determination as to whether you can adopt a science-based program or adapt one to your needs.
- Selected 2-4 candidate programs to research further for your work and participants.

If you already have a program running, you have...

- A basic understanding of what a science-based program (SBP) is.
- Reviewed your existing program to improve it using the characteristics of a science-based program.