

## WHY DRAW THE LINE, RESPECT THE LINE?

**Research shows** youth who participated in *Draw the Line, Respect the Line (DLRL)* reported the following significant behavior changes among boys:

- Delay initiation of sex
- Reduced frequency of sex if sexually active
- Reduced number of partners if sexually active
- Stronger sexual limits
- Places themselves in fewer situations that could lead to sexual behaviors

**No significant behavior change reported among girls.** However, *DLRL* has shown to reduce peer norms supporting sex. Please visit the SC Campaign to Prevent Teen Pregnancy's Online Learning Center, for more information on evidence-based programs.

<http://olc.teenpregnancysc.org/>

## UNIQUE FEATURES

- Multi-year program including comprehensive lessons that build upon each other from 6th grade through 8th grade.
- The trained educators who implement the program have “office hours” outside of the classroom time, during which students can meet with the educators individually or in small groups.
- The 3-year curriculum includes sessions that discuss how to avoid alcohol, tobacco, and other drugs as well as sexuality education.

## PUBLISHER

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[www.etr.org](http://www.etr.org)

Grades 6, 7 and 8 SET (3 books):	\$192.99
Grade 6 Book:	\$67.99
Grade 7 Book:	\$67.99
Grade 8 Book:	\$67.99

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For more information about this or any other evidence-based curricula, contact:



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## ACKNOWLEDGEMENTS

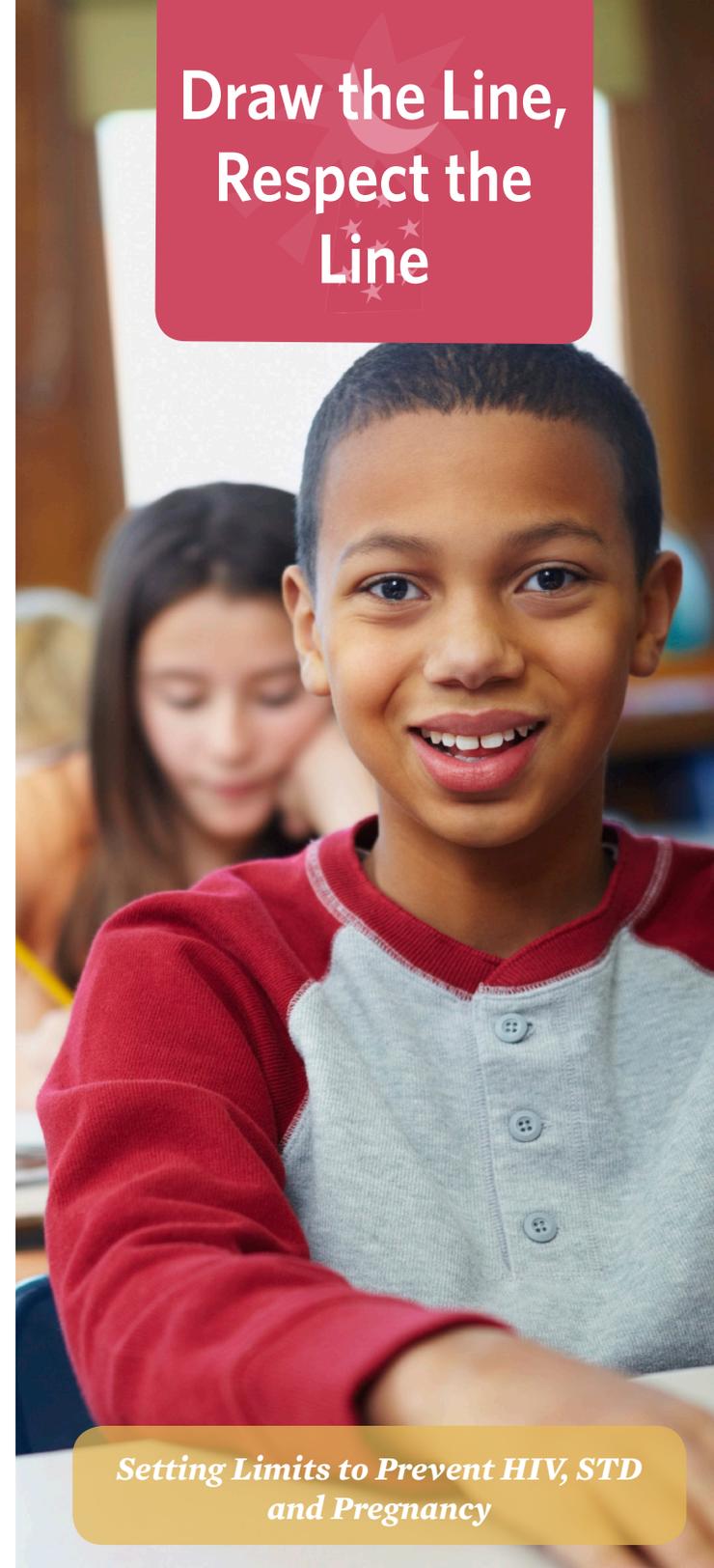
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*Evidence-Based Programs are also referred to as research proven programs, science-based programs, and SBP for short.*

# Draw the Line, Respect the Line

*Setting Limits to Prevent HIV, STD  
and Pregnancy*





**"Draw the Line, Respect the Line reaches far beyond the classroom. The students are able to use the decision making skills in every aspect of their lives."**

-Teacher, Anderson County

## WHAT IS DRAW THE LINE, RESPECT THE LINE?

*Draw the Line, Respect the Line* is a **three-year, school-based program whose target audience is middle school students in the 6th, 7th and 8th grades**. This program is designed to reduce the number of youth engaging in unprotected sexual intercourse by:

1. Learning about and practicing refusal negotiation skills;
2. Encouraging the delay in the initiation of sex;
3. Encouraging condom and contraception use among sexually active youth.

*Draw the Line, Respect the Line* is a **science-based** health education program based on multiple social psychological theories including: Social Inoculation Theory and Social Cognitive Theory.

## LEARNING ACTIVITIES

*Draw the Line, Respect the Line* uses several strategies to facilitate behavior change. Examples include:

Brainstorming	Student-parent homework
Small groups	Discussing social influences on sexual behaviors and decision making
Large group discussions	Discussing consequences to having sex
Role plays	Refusal and negotiation skill building
Defining and discussing abstinence	Personalization of HIV and pregnancy risk
Anonymous question box	Identifying and practicing delay tactics
HIV positive guest speaker	Demonstration of contraception and condoms
Games	Learning common symptoms of STDs

## THE COMPREHENSIVE HEALTH EDUCATION ACT (CHEA)

**With slight modifications, *Draw the Line, Respect the Line* is in compliance with the South Carolina CHEA.<sup>1</sup>**

The CHEA mandates that middle school students receive health education including information on reproductive health and sexually transmitted diseases. The CHE committee of the local school board may include instruction about family life education or pregnancy prevention. *Draw the Line Respect the Line* provides **900** minutes of instruction in reproductive health and pregnancy prevention throughout the 6th, 7th and 8th grades. Content includes: **Grade 6** - Define and discuss peer pressure surrounding alcohol, tobacco, and other drugs. **Grade 7** - Provide information about STDs. Practice refusal skills when pressured to engage in sex. **Grade 8** - Provide information about STDs, HIV and pregnancy. Practice refusal skills when pressured to have sex. Demonstrate methods of prevention against STDs, HIV, and pregnancy.

<sup>1</sup>*Programs and all other educational materials must be approved by the local CHE Advisory Committee. Necessary modifications include: 1) males and females must be separated during lesson 6 in 8th grade; and 2) content must be presented in the context of future family planning.*

## SC HEALTH & SAFETY EDUCATION CURRICULUM STANDARDS

When implemented with fidelity and in its entirety, *Draw the Line Respect the Line* fulfills 7 of 8 standards. Students will:

*Standard 1:* Comprehend concepts related to health promotion to enhance health.

*Standard 2:* Analyze the influence of family, peers, culture, media, technology, and other factors of health behaviors.

*Standard 3:* Demonstrate the ability to assess valid information and products and services to enhance health.

*Standard 4:* Demonstrate the ability to use interpersonal and communication skills to enhance health and avoid or reduce health risks.

*Standard 5:* Demonstrate the ability to use decision-making skills to enhance health.

*Standard 6:* Use goal-setting and decision-making skills to enhance health.

*Standard 7:* Demonstrate the ability to practice health enhancing behaviors and to avoid or reduce the risks.

Sex  
Education